

# GET READY! Kent County Twelve Month Citizen Preparedness Program Fact Sheet

## JUNE: Children, Seniors, People with Disabilities, Pets

*Disasters happen anytime and anywhere. When disaster strikes, it is easier to cope when you are prepared. GET READY! Kent County recommends having plans in place for family members and pets that may have special needs during an emergency.*

### Infants and Children

Have a three-day supply of the following items:

- Formula or powdered milk
- Diapers
- Bottles
- Medications
- Moist towelettes
- Diaper rash ointment

### People with Disabilities

Special preparations to consider:

- List of health care agency contacts
- Neighbors that can be contacted for assistance in an emergency
- Familiarity with medical equipment
- Extra wheelchair batteries & oxygen
- Special medication, food or clothing needs

### Seniors

Important items may include:

- Prescription medications & doctor info.
- Social security & insurance cards
- Advance medical directive documents
- Hearing-aid batteries
- Denture needs
- Eyeglasses or contact lens supplies
- Special food requirements

### Household Pets

Go-Bag items for your pets:

- Food & water (1 gal. of water per day)
- Photos of you with your pet
- Medical & vaccination information
- Toys & treats
- Plastic bags & paper toweling
- Transportable cage with blanket
- Collar, leash & ID tags

### Tips for success...

- Contact your daycare provider for information on their emergency response plans.
- Discuss emergency procedures with home health care workers and adult care facility representatives.
- Dialysis patients should be aware of servicing locations in other areas of the state.
- Make copies of prescription and insurance information to store in your Go-Bag.
- For a small fee, use one of the microchip identification programs at the Humane Society or Animal Shelter. If your pet is lost this system may reunite you much more quickly.

